

This is a free download that accompanies the audio book

Master Numbers 11, 22, 33: The Ultimate Guide

By Felicia Bender, Ph.D

This information is taken from the book and includes:

Table of Contents

Core Elements of Numerology

Calculate Your Numbers With Date of Birth and Name

Select Sample Charts

Exploring Cycles

CONTENTS OF THE BOOK

Master Numbers 11, 22, 33: The Ultimate Guide

Copyright Notice

Dedication

Preface

Introduction

PART ONE: BREAKING IT DOWN

Chapter 1: What Are Master Numbers?

Chapter 2: Core Elements of Numerology

Chapter 3: Getting Started on Your Chart

Chapter 4: Your Name and Master Numbers

Chapter 5: Birth Charts

PART TWO: 11/2

Chapter 6: Master Number 11

Chapter 7: Number 1

Chapter 8: The Flipside of Number 1

Chapter 9: Number 2

Chapter 10: The Flipside of Number 2

Chapter 11: Bringing the Double 1 into the 2

Chapter 12: The Challenges with the Master 11

Chapter 13: Five Ways to Understand and Integrate the Master 11

Chapter 14: 11:11

PART THREE: 22/4

Chapter 15: Master Number 22/4

Chapter 16: Number 4

Chapter 17: The Flipside of Number 4

Chapter 18: Bringing the Double 2 into the 4

Chapter 19: The Challenges with the Master 22/4

Chapter 20: Five Ways to Understand and Integrate Master 22/4 Energy

PART FOUR: 33/6

Chapter 21: Master Number 33/6

Chapter 22: Number 3

Chapter 23: The Flipside of Number 3

Chapter 24: Number 6

Chapter 25: The Flipside of Number 6

Chapter 26: Bringing the Double 3 into the 6

Chapter 27: The Challenges with the Master 33/6

PART FIVE: EXPLORING YOUR CYCLES

Chapter 28: Exploring Your Cycles

Chapter 29: What Happens When a Master Number Shows Up as One of Your Cycles?

Chapter 30: The Master 11/2 Personal Year

Chapter 31: The Master 22/4 Personal Year

Chapter 32: The Master 33/6 Personal Year

Chapter 33: The Pinnacle Cycle

Chapter 34: Master 11, 22, and 33 Pinnacles Reference Guide

PART SIX: MOVING TOWARD MASTERY

Chapter 35: Observations on Master Numbers

Chapter 36: Master Number Survival Guide

The Twelve Laws of Karma

Acknowledgments

End Notes

Select Bibliography

About the Author

CHAPTER 2

Core Elements of Numerology

Your Life Path Number

Calculated by adding together the birth date.

Day + Month + Year

Your Life Path number indicates your mission or overall purpose. This is what you're learning, mastering, and evolving into overall in this lifetime. In Chapter 3, "Getting Started on Your Chart," you will learn the three most common ways to calculate your Life Path number. When your Life Path number is a Master number, it has a powerful impact on your life. It signifies that you'll have specific innate gifts and talents (depending on which Master number it is) and more distinct or heightened challenges on the road to mastering your Life Path purpose.

The natural gifts of the Master number will affect you whenever it shows up in your chart. But when it's your Life Path number, it is the *driving force* in your life. So, plan to get to know its victories and challenges intimately. The demands of a Master Life Path number will affect you very directly, as this is your life's work.

Your Destiny or Expression Number

Calculated by adding together all the letters of the full name as it appears on the birth certificate.

Your Destiny or Expression number points to the way you'll express your life purpose as indicated by your Life Path number. When a Master number shows up here, it's a great indicator of the type of work or career that is best for you. This number indicates the "flavor" or manner in which you'll go about achieving your life's purpose.

For example, let's say you have a 3 Life Path number and an 11/2 Destiny or Expression number. Given what you know about these numbers, how would you guess or interpret the significance of this combination? I would say that a person with this combination has the potential to have focal points on emotional sensitivity perhaps with issues revolving around a weakness in following through on projects or ideas. This combination can also result in someone working in counseling, entertainment, or another profession where his or her performance and communication skills primarily revolve around helping and healing others on some level.

The wildcard in this combination is the double 1 of the 11. This energy amplifies the creativity of the already creative 3, and yet would make it a challenge for you to speak up for yourself.

You'll see that when the Master number shows up in your chart as the Destiny or Expression number, it impacts the way in which you go about doing what you do—and also gives you a hint as to what your overall destiny might be and guides how you engage on this level.

Your Soul Urge or Heart's Desire Number

Calculated by adding together all the vowels in the full name as it appears on the birth certificate.

Your Soul Urge number reveals what you want and need deep down on a soul level to feel content and satisfied. When a Master number shows up here in your chart, the interpretation can be more elusive for you. A soul urge is a deep-seated desire for a certain type of opportunity—and yet it may get sublimated or buried for periods of time. Even so, an internal pressure always comes to you, like a soft voice, which is your heart's desire attempting to be heard.

Underneath it all, you have a Master element to you that perhaps is perplexing, depending on how it merges and converges with the rest of your core numbers. Just know that this is alive and well—even if it feels a bit dormant or hard to reach sometimes. Some people always follow their hearts, and in this instance, perhaps having a Master Soul Urge number means that you're a person who feels more connected with this aspect of yourself and you find that this is a powerful influence on you overall.

Letters have numerical correspondences. Vowels are highlighted.

I	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

How you work with the letter Y is perhaps the most subjective of all the numerological calculations when you're determining your Soul Urge number. There is occasionally a debate among grammarians about whether the letter W counts as a vowel—but I have never seen it counted as such by numerologists. The Y is more controversial.

In her book *Numerology*, Juno Jordan says this about calculating the Soul Urge number, which she calls the Heart number or Heart's Desire number.

In figuring the Heart Number use only the vowels: A, E, I, O, U. The W and Y are sometimes vowels but are not correctly used in figuring the inner or soul urge. The Heart's Desire is found from the soft lip-sounds of song and harmony. The W is a restless, difficult, and testing influence and not part of the inner nature. The Y is a crossroads, mystical, occult, wise, separate, and reserved, but very often stands for the unknown and what is to come. Its influence and power in the life of the individual or in your life is shown in the lesson Points of Intensification. It does not enter into the Heart's Desire. Some names have no other vowel but Y. This indicates a spiritual development being made but not fully developed in this lifetime.¹

Hans Decoz offers this mode of thought and practice.

The letter Y is inherently vacillating in its nature and usage, and consequently is sometimes a vowel, sometimes a consonant, depending upon how it is used in the name. When determining if the Y is a vowel or a consonant in a numerology chart, the basic rule is this: When the letter serves as a vowel, and in fact sounds like one, it is a vowel. The same is true when the Y serves as the only vowel in the syllable. Examples of both of these cases are such names as Lynn, Yvonne, Mary, Betty, Elly, and Bryan. However, if the Y does not provide a separate vowel sound, as when it is coupled with another vowel, it is considered a consonant. In names such as Maloney or Murray, the Y is a consonant, because the vowel sound depends upon the long E in Maloney and the long A in Murray. In general, the Y is a consonant when the syllable already has a vowel. Also, the Y is considered a consonant when it is used in place of the soft J sound, such as in the name Yolanda or Yoda. In the names Bryan and Wyatt, the Y is a vowel, because it provides the only vowel sound for the first syllable of both names. For both of these names, the letter A is part of the second syllable, and therefore does not influence the nature of the Y.²

On the Widening Horizons software program, the message that shows up when considering there's a Y is:

This name has the letter Y in it. The Y is a vowel if it follows A, E, I, O, or U and sounds as one sound (as in Hayes) or there is no other vowel in the syllable (as in Kenne-dy) or it is pronounced as a vowel (as in Yves). Otherwise it is a consonant.

It won't surprise you at this point to know that other numerologists feel that the Y is always considered a vowel no matter what. Are you confused yet? The point is, I can tell you what I think is true, but you must eventually come to terms with your own conception of the calculations.

Your Personality Number

Calculated by adding together all the consonants in the full name as it appears on the birth certificate.

Your Personality number indicates how others perceive you. It's indicative of how you appear to others in the outer world. It is the personality projected to the external world. If a Master number shows up here, chances are that the world perceives you as someone with powerful potential. Their perspective will depend on you individually and how your Master energy is manifesting for you. For number-to-letter correspondences, see the unshaded letters in the box below.

I	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Your Birthday Number

The day you were born.

Your Birthday number is a vital indicator of a secondary gift you have to give to yourself and the world. It's also often where you feel most comfortable or where you might more fully identify yourself. You're being asked to take the characteristics you develop with this number and integrate it to enhance your individual and unique spin on your Life Path mission. If you carry a Master number as your Birthday number, you have a lot of power at your disposal. You're being asked to embody the most positive elements of the Master number and allow it to integrate into, and inform your Life Path purpose.

Your Maturity or Achievement Number

Calculated by adding together the Life Path number and the Destiny or Expression number.

Your Maturity or Achievement number is the combination of your Life Path number and your Destiny or Expression number, which indicates your ultimate destiny at the end of your life. If a Master number shows up here, don't count on having a low-key retirement! You're pointed in the direction of spiritual attainment.

CHAPTER 3

Getting Started on Your Chart

To start, if you calculate your Life Path number and get an 11, 22, or 33 before you reduce it to the 2, 4, or 6, you have a Master number as your Life Path number. As previously mentioned, you can also experience Master numbers in other aspects of your chart, such as the Destiny number, the Soul Urge number, the Maturity number, the Personality number, and so on.

Not to mention that you can also have Master numbers for calculations of Personal Year cycles, Pinnacles, and other cycles. If you find Master numbers anywhere in your chart, you'll benefit from learning more about what this could mean for you. Let's begin with the Life Path number.

Understand also that there are several ways to calculate the Life Path number. I was taught that the proper way is to add the month/day/year separately and then add the three single-digit numbers together (month/day/year). Here's an example.

Birthdate: February 2, 1987

February = 2

Day = 2

Year = 1987

$1 + 9 + 8 + 7 = 25$

Keep adding $2 + 5 = 7$

Add the month, day, year: $2 + 2 + 7 = 11$

11 is a Master number

It's sometimes written this way: 11/2

Let's use this same birthdate and show the other two ways to add it up.

First, you can add the entire birthdate together like one long addition problem:

$$2 + 2 + 1 + 9 + 8 + 7 = 29$$

Keep adding: $2 + 9 = 11$

Although this is a rarely suggested way to calculate, you can also do it this way:

$$\begin{array}{r} 2 \\ 2 \\ \hline + 1987 \\ \hline = 1991 \end{array}$$

This becomes: $1 + 9 + 9 + 1 = 20$

Which then reduces to: $20 = 2 + 0 = 2$

In this case, the Master number 11/2 does not show up.

The equation above is an example of how the 11 can show up as a Life Path number in some ways of calculation while it doesn't show up in others. Again, it's up to you as to how you decide to calculate your numbers. Some numerologists would say that a Master number is only valid when adding the "proper" way (by first reducing day/month/year and then adding the single-digit numbers together), while others will assert that adding the long way is also valid. And remember, some numerologists *never reduce a Master number under any circumstances*. For example, if you were of the school of thought that we should never reduce Master numbers, and your birthday was November 22, 1988, you might calculate the Life Path number like this:

November = 11

22 = 22

1988 = $1 + 9 + 8 + 8 = 26$

$2 + 6 = 8$

$11 + 22 + 8 = 41$

$4 + 1 = 5$

Rather than:

$$11 = 1 + 1 = 2$$

$$22 = 2 + 2 = 4$$

$$1988 = 1 + 9 + 8 + 8 = 26$$

$$2 + 6 = 8$$

$$2 + 4 + 8 = 14$$

$$1 + 4 = 5$$

The result is the same, yet the two-digit number before you reduce to the one-digit number will be different. It depends on how detailed and nuanced you plan to get with your analysis as to how you prefer to read these details.

If we stay with this example, you can see what I mean.

$$11 = 1 + 1 = 2$$

$$22 = 2 + 2 = 4$$

$$1988 = 1 + 9 + 8 + 8 = 26 \text{ and } 2 + 6 = 8$$

$$2 + 4 + 8 = 14/5 \text{ and } 14/5 \text{ is a Karmic number}$$

The Life Path would be a Karmic 14/5 rather than 41 before reducing to a 5. Again, it's up to you to do your research and feel out how you feel it should operate.

CHAPTER 4

Your Name and Master Numbers

Let's look at how a Master number might show up when using your name rather than your date of birth. For this example, we'll calculate the Expression or Destiny number. For this number, you'll translate all the letters in the name into numbers (see chart below) and add it together. The Soul Urge and the Personality numbers also use the letters of the name, yet the Soul Urge calculation uses only the vowels and the Personality calculation uses only the consonants. You use the same basic calculation, but there's a different way of processing it.

For this example, let's calculate the Destiny or Expression number for comedian Jerry Seinfeld. His full name is Jerome Allen Seinfeld.

I	2	3	4	5	6	7	8	9
A	B	C	D	E	F	G	H	I
J	K	L	M	N	O	P	Q	R
S	T	U	V	W	X	Y	Z	

Using the chart, we can see that Jerome translates into a 1, 5, 9, 6, 4 and 5, which added together equal 30. Then we take the 30 and keep adding the two digits. So, $3 + 0 = 3$.

We do the same for both ALLEN and SEINFELD. Allen adds to an 8 and Seinfeld to an 11. Remember, many numerologists never reduce a Master number. If this is your system, the 11 remains an 11. If not, you continue reducing: $1 + 1 = 2$.

All together, we add 3 (Jerome) + 8 (Allen) + 11 (Seinfeld) = 22 .

With this calculation, Jerry Seinfeld has a 22/4 Destiny or Expression number.

If you're of the school of thought that reduces a Master number, then the calculation changes:

3 (Jerome) + 8 (Allen) + 2 (Seinfeld) = 13 (13 is a Karmic number), and then reduce those two digits further: $1 + 3 = 4$

CHAPTER 5

Birth Charts

Here are just a few examples of “complex” birth charts. As you read these, you may be interested to hold in mind the notion that the archetype of a person with an 11/2 is the Channel, with a 22/4 is the Manifestor, and with a 33/6 is the Healer and Master Teacher. See if those archetypes seem to match what you know about the celebrities I have chosen. *Disclaimer:* All name and birthdate information is derived from biographical profiles published on Wikipedia.

BIRTH NAME: Jerome Allen Seinfeld
CURRENT NAME: Jerry Seinfeld
BIRTHDATE: April 29, 1954

LIFE PATH: 16/7
EXPRESSION: 22/4
SOUL URGE: 14/5
BIRTHDAY: 11/2
PERSONALITY: 8
MATURITY: 11/2

BIRTH NAME: Oprah Gail Winfrey
CURRENT NAME: Oprah Winfrey
BIRTHDATE: January 29, 1954

LIFE PATH: 13/4
EXPRESSION: 7
SOUL URGE: 11/2
BIRTHDAY: 11/2
PERSONALITY: 5
MATURITY: 11/2

BIRTH NAME: Matthew David McConaughey
CURRENT NAME: Matthew McConaughey
BIRTHDATE: November 4, 1969

LIFE PATH: 22/4
EXPRESSION: 11/2
SOUL URGE: 11/2
BIRTHDAY: 4
PERSONALITY: 9
MATURITY: 6

BIRTH NAME: Anthony J. Mahavoric
CURRENT NAME: Tony Robbins
BIRTHDATE: February 29, 1960

LIFE PATH: 11/2
EXPRESSION: 8
SOUL URGE: 13/4
BIRTHDAY: 11/2
PERSONALITY: 4
MATURITY: 1

BIRTH NAME: Christine Michelle Metz
CURRENT NAME: Chrissy Metz
BIRTH DATE: September 29, 1980

LIFE PATH: 11/2
EXPRESSION: 11/2
SOUL URGE: 11/2
BIRTHDAY: 11/2
PERSONALITY: 9
MATURITY: 22/4

BIRTH NAME: Peter Hayden Dinklage
CURRENT NAME: Peter Dinklage
BIRTHDATE: June 11, 1969

LIFE PATH: 33/6
EXPRESSION: 13/4
SOUL URGE: 11/2
BIRTHDAY: 11/2
PERSONALITY: 11/2
MATURITY: 1

There are other numbers in a full chart and indeed an entirely different realm of cycles. The most vital periods where Master numbers can show up in your chart are the Personal Year and Pinnacle cycles, which are critical components in your personality profile. They show up similarly—and yet differently overall—when they influence or guide a particular cycle in your life. Read about cycles in Part Five, “Exploring Cycles.”

CHAPTER 29

What Happens When a Master Number Shows Up as One of Your Cycles?

Master numbers may show up in your personality profile and they can also show up as the number for one of your cycles—most commonly, the Personal Year cycle. As we explain these cycles in this chapter, begin to plug in the information you have already learned about the Master numbers whenever they appear.

Personal Year Cycle

In numerology, it's believed we go through nine-year cycles throughout our lives and if you know the basic characteristics of the numbers 1 through 9 you can use that information to be in alignment with the purpose of your year. We all feel a change in energy at the end of each year, don't we? We start shifting our focus, delving into new feelings, and often these thoughts and feelings surprise us because they're so very different than what we've been prioritizing during the current year. Numerologically speaking, this is inevitable and undeniable.

Knowing the number of your Personal Year and of the Personal Years of those in your intimate circle is a fantastic way to understand how to mindfully navigate and create your most successful outcomes. The information provides you with the optimal qualities of the energy of the year and alerts you to the year's inherent obstacles so that you can make the best possible decisions. If you know the "theme to your party," you can understand the energy you'll work with during the year.

Here's how to calculate the Personal Year number. For this calculation, you use only the month and day of your birth, not your birth year. To these, you add the number of the current year. You can find the Personal Year number that you experienced in the past by doing the same thing, only adding to the year you want to know about rather than the current year. Of course, you may also project ahead to see what the Personal Year influence will be in the coming years. Also note that some numerologists believe that the Personal Year runs from birthday to birthday. Many other numerologists, myself included, feel that it runs from January 1 through December 31 of each year. Additionally, I believe that the energy related to your Personal Year intensifies around your birthday, approximately two weeks before and two weeks after your birthday. I also have noticed that the energy of the Personal Year crescendos in September and then begins to merge into the energies of your next Personal Year through the months of October, November, and December.

Let's look at an example of how to calculate the Personal Year.

Birthdate: September 9

Let's say the current year is 2018. In this case, add like this:

$$9 + 9 + 2 + 0 + 1 + 8 = 29$$

$$29 = 2 + 9 = 11$$

In this example, you would be experiencing a Master 11/2 Personal Year.

CHAPTER 33

The Pinnacle Cycle

In numerology, we all go through four distinct periods of time called Pinnacles in a lifetime. Each Pinnacle is a time of personal development. The First Pinnacle effects your formative years. The Second Pinnacle is a time of blossoming. The Third Pinnacle denotes a productive time and the Fourth Pinnacle can be seen as the time for harvesting what you've sown through the years. The Pinnacles can be conceptualized as a degree program you signed up for. You will remain on a particular campus while you study the same subject for an extended period. To extend this metaphor, the four Pinnacles make up the chunks of coursework you've signed up for throughout the university of your life. They are a master plan compartmentalized into stages of development.

The number of each Pinnacle represents the energy and lessons that are emphasized during a period of several years. Understanding the elements presented to you during your Pinnacle cycles offers you invaluable information about the focus and lessons to be learned during certain spans of time and also provides a really great format for understanding why certain things happen during these periods of time.

Calculating Your Pinnacle Numbers

Of course, as with every other number in numerology, there are several ways numerologists calculate the Pinnacle cycles. I'm sharing the way I feel the Pinnacles are calculated and yet I'll illustrate another way, too, so you can make the decision yourself.

First, this is the basic formula for finding your four Pinnacles.

Just like the proper way of calculating your Life Path number (separately adding the month/day/year), you work with the Pinnacles in the same way.

First Pinnacle = Month of Birth + Day of Birth

Second Pinnacle = Day of Birth + Year of Birth

Third Pinnacle = First Pinnacle Number + Second Pinnacle Number

Fourth Pinnacle = Month of Birth + Year of Birth

Let's see how you could do it both ways and how the results aren't necessarily the same.

November 22, 1985

With the first way of calculation, you would do the math using:

November = 11

$11 = 1 + 1 = 2$

$22 = 2 + 2 = 4$

$1985 = 1 + 9 + 8 + 5 = 23$

$2 + 3 = 5$

Then you calculate this way:

First Pinnacle: (month) 2 + (day) 4 = 6

Second Pinnacle: (day) 4 + (year) 5 = 9

Third Pinnacle: (1st Pinnacle) 6 + (2nd Pinnacle) 9 = 15

$1 + 5 = 6$

Fourth Pinnacle: (month) 2 + (year) 5 = 7

Now let's see the other option. In this way of thinking, you use the full number without reducing it first. And when you have a Master number, the Master number is never reduced.

November 22, 1985

November: 11

Day: 22

Year: 1985

First Pinnacle: (month) 11 + (day) 22 = 33

Since 33 is a Master number it is not reduced. This is the final number for the First Pinnacle.

Second Pinnacle: (day) 22 + (year) 1985 = 2,007

$$2 + 0 + 0 + 7 = 9$$

Third Pinnacle: (1st Pinnacle) 33 + (2nd Pinnacle) 9 = 42

$$4 + 2 = 6$$

Fourth Pinnacle: (month) 11 + (year) 1985 = 1,996

$$1 + 9 + 9 + 6 = 25$$

$$2 + 5 = 7$$

With the first way of calculating, the Pinnacles show as:

First Pinnacle: 6

Second Pinnacle: 9

Third Pinnacle: 6

Fourth Pinnacle: 7

With the second way of calculating, the Pinnacles show as:

First Pinnacle: 33

Second Pinnacle: 9

Third Pinnacle: 6

Fourth Pinnacle: 7

The biggest change with doing the calculation the first way or the second way is minimal when calculating Pinnacle Cycles and often reveals a Master number.

How to Calculate Your Age at the Time of Your Four Pinnacles

Now you must calculate the age you are during your different Pinnacles.

The age in which you begin and conclude each Pinnacle Cycle depends on your Life Path number.

To calculate your age during your First Pinnacle, take the *number 36* and *subtract* your Life Path number from it.

Example: If you are a 9 Life Path, subtract 9 from 36.

$$36 - 9 = 27.$$

This means that your First Pinnacle transpires from *the time of your birth (0) until you're 27 years old.*

To calculate your age during your Second Pinnacle, *add 9* to the ending age of your First Pinnacle.

Example: For the 9 Life Path whose First Pinnacle ended at age 27 we calculate: $27 + 9 = 36$.

Your Second Pinnacle, in this case, lasts from age 27 to age 36.

To calculate your age during your Third Pinnacle, add 9 to the ending age of your Second Pinnacle.

Example: For the 9 Life Path, whose Second Pinnacle ended at age 36, we calculate: $36 + 9 = 45$.

Your Third Pinnacle lasts from age 36 to age 45.

Your Fourth Pinnacle starts at the end of your Third Pinnacle. This age initiates the energy surrounding you for the rest of your life.

Example: For the 9 Life Path, whose Third Pinnacle lasted until age 45, the Fourth Pinnacle begins at age 45 and lasts until death.